MEDICATION INSTRUCTIONS

CHLORHEXIDINE RINSE (PERIOGUARD/PERIDEX)
This is an antimicrobial rinse to be used twice daily following surgery. This rinse helps control the bacteria in your mouth, aids in healing and may reduce tooth sensitivity – IT IS AN IMPORTANT PART OF YOUR THERAPY. Please review your post-op instructions to ensure proper use. It can have the side effect of staining your teeth and tongue; however, good brushing before using the rinse can help minimize this. Upon completion of therapy, Dr. Massoth’s staff will remove any residual staining resultant of this rinse. **Do not rinse with water after using chlorhexidine.**

IBUPROFEN (Advil)
Ibuprofen is a nonsteroidal anti-inflammatory drug used to control pain and inflammation. It can be purchased without prescription. **Please take 400 mg. (2 tablets) one hour before your surgery. We strongly recommended taking 2 tablets every 5-6 hours for a full 3 days following surgery.** After the first 3 days, use as needed for discomfort. Do not take this medication if you have or have had kidney impairment, peptic ulcers or gastrointestinal bleeding; or if you take anticoagulant medications (e.g., Coumadin).

Optional Medications:

**ALPRAZOLAM (.5 mg)**
Alprazolam is a sedative that helps to reduce anxiety. Take one to two tablets one hour before your appointment. If you wish, you may also take one tablet the night before your appointment to help you sleep. **DO NOT DRIVE** if using this medication as this drug may cause drowsiness. Also, alcohol should not be used when taking this drug.

**EXTRA STRENGTH TYLENOL (Acetaminophen)**
Extra strength tYLENOL can be used to control pain. If you cannot take Ibuprofen or aspirin products, you can use TYLENOL instead. It can be purchased without a prescription. Please take 1000 mg (2 tabs) one hour before procedure and continue every 4-6 hours for a full 2 days following surgery. Do not exceed 8 tabs in any 24 hour period. Acetaminophen can also be used between doses of Ibuprofen for breakthrough pain. Do not continue for more than 10 days. Overdose or continued use with alcohol can cause liver damage.

**TYLENOL 3 WITH CODEINE (Acetaminophen & Codeine)**
Tylenol 3 with Codeine is a prescription pain medication used to control pain after dental procedures. Take 1 tablet every 4-5 hours. Acetaminophen with Codeine can also be used between doses of Ibuprofen for breakthrough pain. Do not exceed 12 tabs in 24 hours. Overdose or continued use with alcohol can cause liver damage.

**PLEASE READ THE LABELS ON ALL OF YOUR MEDICATIONS**

Note: If you have any questions regarding your medications, please do not hesitate to call our office.