

Donna L. Massoth, DDS, PhD
Periodontics and Implant Dentistry
4500 Sandpoint Way N.E. #218
Seattle, WA 98105
(206) 524-3773

PRE-SURGICAL INSTRUCTIONS:

You are about to undertake a procedure which will help restore your mouth to health. By following our instructions before and after surgery, you can avoid significant changes in your daily activities.

WEEK PRIOR TO APPOINTMENT:

1. Please do not take aspirin, aspirin medications, or fish oil for one week prior to your appointment.
2. Please inform us of any new medications you are taking or changes in your health history.
3. We recommend that you have your prescriptions filled prior to your appointment.
4. Your first post-operative surgical appointment is typically 1 week following surgery. Please be sure that you will be in town and available for this appointment.

NIGHT BEFORE YOUR SURGERY:

1. Eat normally.
2. Minimize use of alcoholic beverages.
3. Get a good night's sleep.
4. Review your Medication Instructions and Post-Operative instructions.

DAY OF YOUR SURGERY:

1. Eat a normal breakfast (or lunch if you have an afternoon appointment).
2. Avoid excessive liquid intake especially coffee or tea.
3. Wear comfortable clothes, we will be taking your blood pressure.
4. If medications are prescribed, please take as directed.
5. Also you may wish to arrange for someone to drive you home after your surgery.
6. Optional: Bring your favorite pod cast, music, or audio book with headphones.

DON'T WORRY – YOU Will DO JUST FINE.

WE WILL TAKE EXCELLENT CARE OF YOU.

PLEASE CALL THE OFFICE IF YOU HAVE ANY QUESTIONS.